

Waveney Valley Athletic Club's

Mutford Relay

12 July 2009

Team Places

Team	Number	Total Time
Stowmarket Striders A	72	01:29:00
West Suffolk Athletic Club A	67	01:30:57
Lowestoft Road Runners A	93	01:32:17
Waveney Valley Athletic Club A	98	01:37:10
West Suffolk Athletic Club B	68	01:37:11
Coltishall Jaguars 'A'	61	01:39:56
St Edmunds Pacers A	94	01:40:18
Stowmarket Striders B	73	01:41:12
Great Yarmouth Road Runners Brooky's A	63	01:43:17
Bungay Black Dog A	89	01:44:21
St Edmunds Pacers B	95	01:45:52
Great Yarmouth Road Runners Brooky's B	64	01:50:22
Waveney Valley Athletic Club B	99	01:51:22
Bungay Black Dog B	90	01:54:00
Coltishall Jaguars 'B'	62	01:55:45
Stowmarket Striders C	74	01:55:52
St Edmunds Pacers C	96	01:56:56
St Edmunds Pacers D	97	02:01:26
Stowmarket Striders E	76	02:02:05
Bungay Black Dog C	91	02:02:50
Stowmarket Striders F	77	02:03:23
Stowmarket Striders G	78	02:03:37
Great Yarmouth Athletic Club A	69	02:04:06
Stowmarket Striders D	75	02:04:26
Great Yarmouth Road Runners Brooky's C	65	02:05:20
Stowmarket Striders H	79	02:06:15
Bungay Black Dog D	92	02:09:22
Great Yarmouth Road Runners Brooky's D	66	02:24:07
Great Yarmouth Athletic Club B	70	02:34:09
Great Yarmouth Athletic Club C	71	02:41:11