

Adnams Brewery Great Yarmouth Half Marathon

Great Yarmouth Road Runners

Finishing Times

Pos	No	Name	Club	Cat	Time
1	281	Gavin Davies	Ipswich Jaffa	SM	1:14'58.93
2	289	Benvenuto Baldelli	Cambridge and Colerage	M40	1:16'24.46
3	272	Robert Reason	Harwich Runners	SM	1:16'53.78
4	244	Simon Fawcett	Bedford Harriers	SM	1:17'13.18
5	95	Stephen Pettit	Ely Runners	M45	1:18'43.18
6	155	Anthony Lashmar	Victoria Park Harriers	SM	1:18'47.93
7	287	Stephen Gibbs	Norwich Road Runners	SM	1:19'58.30
8	264	Robert Kett	Norwich Road Runners	SM	1:21'35.11
9	10	Colin Robilliard	Coltishall Jaguars	M55	1:22'23.02
10	332	Jack Gillick	Wymondham AC	SM	1:23'05.52
11	143	Ian Chant	Long Eaton RC	SM	1:23'09.18
12	202	Gary Smith	U/A	M40	1:23'17.93
13	251	John White	Bungay Black Dog	M45	1:23'32.11
14	101	Tony Robinson	Tri-Anglia	SM	1:24'04.68
15	313	Chris Scott	Lowestoft RR	SM	1:24'07.30
16	247	Jordan Littlewood	U/A	SM	1:24'16.74
17	315	Mark Garrett	Norwich RR	M45	1:24'34.43
18	161	Ian Bailey	U/A	SM	1:24'39.46
19	250	Paul Churchill	Norwich Road Runners	SM	1:24'52.65
20	325	Andy Kett	North Norfolk Beach	SM	1:25'12.78
21	284	James Preston	U/A	SM	1:25'48.27
22	140	Phil Quantrill	North Norfolk Beach Runners	SM	1:26'15.78
23	82	Kevin Willett	Bedford Harriers	M45	1:26'28.87
24	165	Mark Clues	Tri-Anglia	M40	1:26'31.87
25	259	Mark Betts	Norwich Road Runners	SM	1:26'43.81
26	124	Robert Smith	Mansfield Harriers	M45	1:26'50.58
27	93	Paul Little	Droitwich AC	SM	1:27'12.14
28	285	Andrew Preston	Wymondham AC	M45	1:27'47.96
29	189	Ian Thomas	UK Netrunner	M50	1:27'52.27
30	246	Steven Neaves	Stowmarket Striders	M50	1:28'10.87
31	180	Richard Blake	North Norfolk Beach Runners	M60	1:28'27.40
32	132	Graham Moore	U/A	M45	1:28'33.96
33	167	Richard Lesslie	U/A	SM	1:28'50.96
34	106	Ben Blowes	Newmarket Joggers	SM	1:29'04.34
35	172	James Wilde	U/A	SM	1:29'18.52
36	265	Jack Holland	Abbey Runners Leeds	SM	1:29'24.11
37	303	Lenway Hughes	Maldwyn Harriers	M50	1:29'50.24
38	141	Guillaume Giraud	U/A	M40	1:30'01.05
39	208	David Maslen	Tri-Anglia	M45	1:30'02.71
40	218	Richard Hanson	Tri-Anglia	M45	1:30'06.05
41	148	Jon Howe	Coltishall Jaguars	M50	1:30'09.93
42	176	Ian Crutchley	Wymondham AC	M45	1:30'29.49
43	109	Martin Gear	Newmarket Joggers	SM	1:30'40.18
44	266	Mark Thompson	U/A	SM	1:30'55.55
45	104	Paul Lyon	U/A	SM	1:30'57.74
46	291	Colin Stark	North Norfolk Beach	SM	1:31'13.81

47	158	Peter Downing	U/A Wheel Chair Athlete	M55	1:31'26.00
48	65	Chris Chorley	Bungay Black Dog	M45	1:31'42.90
49	268	Ker Macrosson	Stowmarket Striders	M55	1:31'51.90
50	195	Tim Earl	U/A	SM	1:32'03.30
51	280	Martin Auger	U/A	M50	1:32'59.93
52	163	Jim Hayes	North Norfolk Beach Runners	M60	1:33'32.34
53	306	Vinny Jones	U/A	SM	1:33'44.34
54	319	Tim Houds	Norfolk Gazelles	M45	1:34'06.96
55	179	Michael King	Coltishall Jaguars	M60	1:34'19.78
56	330	Geoffrey Perry	U/A	M40	1:34'22.68
57	331	Michael Aimes	Norwich RR	M45	1:34'25.46
58	108	Sean Bowen	U/A	M45	1:34'37.62
59	159	Laurence Abel	Tri-Anglia	M40	1:35'07.84
60	130	Martin Yeomans	Norwich Road Runners	M55	1:35'13.43
61	224	Stewart Ellis	Braintree & District Ac	SM	1:35'21.40
62	226	Phil Rowland	North Norfolk Beach	SM	1:35'38.40
63	210	Mark Furnace	IPSWICH JAFFA	SM	1:35'50.46
64	162	Robin Belsom	Ipswich Jaffa	M50	1:35'56.62
65	223	Stephen Blomfield	U/A	M45	1:36'09.81
66	76	Neil Lovesey	Bedford Harriers	M55	1:36'11.52
67	296	David Ham	U/A	SM	1:36'30.81
68	207	Licia Passin	U/A	SF	1:36'50.96
69	105	Nick Askham	U/A	SM	1:36'54.00
70	300	Stuart Bullard	Bedford Harriers	SM	1:36'59.81
71	?	Unknown Runner	No Number		1:37'00.62
72	100	Will McMorris	U/A	SM	1:37'15.71
73	160	Jonathon Wiles	Bungay Black Dog	SM	1:37'27.99
74	125	Karen Archbold	Lowestoft Road Runners	F40	1:37'28.65
75	112	Shaun Conway	U/A	M45	1:38'18.65
76	322	Dave Leyshon	U/A	M40	1:38'25.30
77	239	Rebecca Flynn	U/A	SF	1:38'27.87
78	213	John Yare	U/A	M45	1:38'29.65
79	236	Sian Alexander	Cambridge and Colerage	SF	1:38'48.81
80	328	Jonathan Meadows	Lowestoft RR	SM	1:38'51.93
81	286	Craig Dungar	Wymondham AC	SM	1:38'53.05
82	283	John Dungar	Wymondham AC	SM	1:38'53.62
83	282	James Sturgess	Wymondham AC	SM	1:38'54.14
84	262	David Kellaway	Tri-Anglia	M45	1:38'54.90
85	260	Ian Hacon	Tri-Anglia	M40	1:38'58.96
86	14	Adrian Smith	U/A	SM	1:39'01.05
87	321	Rhys Tyler	Thetford AC	SM	1:39'06.49
88	73	Ian Joyce	Bedford Harriers	M45	1:39'10.81
89	142	Neil Gillingham	Ipswich Harriers	SM	1:39'52.58
90	87	Marc Finch	U/A	SM	1:40'09.05
91	32	Simon Goldsmith	U/A	SM	1:40'23.81
92	120	Richard Dye	Bungay Black Dog	M45	1:40'27.24
93	209	Christopher Stapleton	Bushfield Harriers	M60	1:40'29.49
94	80	Juliet Smith	Bedford Harriers	F40	1:40'38.43
95	54	Damien Magee	U/A	SM	1:40'47.96
96	123	John Pinnell	U/A	M45	1:41'51.05
97	58	Matt Howard	Norwich Road Runners	SM	1:41'51.65
98	241	Gordon Ritter	U/A	SM	1:42'04.52
99	121	Chloe Hudson	Valley Striders	SF	1:42'16.84
100	117	Sandra Allison	U/A	F45	1:42'48.14
101	92	Simon Archer	U/A	M40	1:42'57.55

102	174	Dave Spooner	North Norfolk Beach Runners	SM	1:43'00.37
103	59	Gillian Loughlin	Conac	F45	1:43'11.11
104	96	Victor Hutchins	Queens Park Harriers	M50	1:43'11.74
105	231	Marie Clark	Norwich Road Runners	SF	1:43'17.27
106	248	Scott Chadwick	Coltishall Jaguars	SM	1:43'49.11
107	240	Sarah Vick	The Saxons	F40	1:44'05.55
108	220	Stephen Panting	Norwich Road Runners	M40	1:44'22.62
109	25	Liam Herbert	Fairlands Valley Spartan	SM	1:44'42.96
110	233	Frank Moggan	Stowmarket Striders	M60	1:44'52.84
111	13	Cheryl Holder	U/A	F40	1:44'59.46
112	211	Jo Godwin	Norwich Road Runners	SF	1:45'03.43
113	312	Alan Lamb	U/A	M40	1:45'06.11
114	154	Anne Millett	Norwich Road Runners	F50	1:45'15.55
115	164	Paul Miller	Braintree & District Ac	M45	1:45'27.40
116	323	Sigrid Edmundson	U/A	SF	1:45'29.81
117	222	Neil Kellett	U/A	M45	1:45'35.74
118	293	Ashley Norton	Lowestoft RR	SM	1:45'41.34
119	318	Cliff Lear	Thetford AC	M45	1:46'06.08
120	227	Darren Rowley	Dereham Runners	M40	1:46'08.71
121	190	Alasdair Dyde	South Cheshire Harriers	M45	1:46'14.24
122	107	Colin Murfitt	U/A	M50	1:46'19.43
123	116	Ian Burch	U/A	M45	1:46'31.84
124	114	Gary Wright	U/A	M40	1:46'36.27
125	221	Christopher Milnes	Ryston Runners	M50	1:46'52.14
126	173	Richard Harmer	U/A	SM	1:47'08.81
127	185	Rob Bright	Larkfield AC	M50	1:47'13.02
128	66	Bobbie Sauerzapf	Bungay Black Dog	F50	1:47'18.84
129	171	Ben De Ville	U/A	SM	1:47'22.58
130	135	Robert Szczepanik	U/A	SM	1:47'25.62
131	256	Anna Kirkham	Norwich Road Runners	SF	1:47'26.46
132	201	Andy Buckley	U/A	M50	1:47'32.81
133	122	Niina Goos	U/A	SF	1:47'40.49
134	235	Jess Hill	U/A	SF	1:48'02.71
135	45	Bryn Williams	U/A	M40	1:48'05.24
136	153	Charlie Holmes	U/A	SM	1:48'12.05
137	182	Keith Brighty	Norwich Road Runners	M45	1:48'23.68
138	261	Mark Waterworth	U/A	SM	1:48'36.93
139	110	Simon Floyd	U/A	M40	1:48'49.68
140	2	Stuart Herring	U/A	M45	1:49'01.81
141	311	Peter Salmon	U/A	SM	1:49'17.21
142	234	Reuven Young	U/A	SM	1:49'25.14
143	298	Cedric Chavanne	U/A	SM	1:49'34.27
144	75	Jen Lovesey	Bedford Harriers	F45	1:49'41.05
145	242	Agnes Boros	U/A	SF	1:49'48.58
146	206	Angie Bear	Wymondham AC	F50	1:49'49.24
147	308	Mark Elflett	Lowestoft RR	M45	1:49'59.96
148	35	Michael Jewiss	Dereham Runners	M55	1:50'19.43
149	88	Ben Swift	U/A	SM	1:50'25.21
150	245	Darragh Tokan	U/A	SM	1:50'33.14
151	134	Kevin Marshall	Iford AC	M50	1:50'34.08
152	145	Steve Williamson	Bedford Harriers	M55	1:50'45.65
153	277	Mark Tidy	U/A	M45	1:51'05.71
154	178	Gavin Thouless	Norwich Road Runners	M40	1:51'24.68
155	22	Trevor Sibley	Braintree & District Ac	M45	1:51'34.08
156	99	Richard Pilch	U/A	M60	1:51'45.24

157	249	Richard Franks	Northampton Road Runners	M50	1:52'08.87
158	18	Steve Turner	U/A	M55	1:52'17.81
159	42	Carol Betts	Norfolk Gazelles	F55	1:52'21.68
160	86	Gemma Webster	U/A	SF	1:52'33.99
161	79	Alex Rothwell	Bedford Harriers	M45	1:52'46.46
162	90	Stuart Baumber	Ely Runners	SM	1:52'49.99
163	103	Neil Atherton	Ely Runners	M50	1:52'56.05
164	181	Julie Deadman	U/A	F40	1:52'56.58
165	254	Martin Gooderham	U/A	SM	1:53'10.05
166	278	Chris Head	U/A	SM	1:53'10.46
167	258	Paul Fisher	U/A	M60	1:53'11.96
168	49	Paul Saxby	Erme Valley Harriers	M40	1:53'42.49
169	150	Chris Groves	Tri-Anglia	M55	1:54'09.21
170	317	Mike Smith	Wymondham AC	M60	1:54'48.99
171	63	Paul Taylor	U/A	M40	1:55'10.93
172	335	Toney Blaxell	U/A	M40	1:55'14.11
173	232	Howard Wilcox	U/A	M50	1:55'34.55
174	197	Rob Osborne	North Norfolk Beach Runners	M50	1:55'41.43
175	38	Lee Aldred	Team Wolf Pack	SM	1:55'45.27
176	198	Rebecca Childs	Bedford Harriers	SF	1:55'56.58
177	263	Chris Malyan	U/A	M45	1:56'06.11
178	216	David Kelf	Ace Valley Runners	M60	1:56'16.21
179	193	Michael Cole	U/A	SM	1:56'27.68
180	50	Donna Crake	U/A	SF	1:56'37.87
181	15	Colin Whale	Bungay Black Dog	M45	1:56'41.43
182	273	John Rednall	Stowmarket Striders	M45	1:56'52.93
183	69	Stephen Crane	Bedford Harriers	M50	1:57'08.40
184	225	Lindsay Stewart Kitchen	North Norfolk Beach	M45	1:57'16.81
185	252	Jon Cleary	U/A	SM	1:57'27.78
186	131	Kelvin Waters	U/A	M55	1:57'31.43
187	138	Rachel Harmes	Coltishall Jaguars	F45	1:57'31.96
188	186	Jane Bright	Larkfield AC	F60	1:58'04.30
189	91	Helen Oghenegweke	Norwich Road Runners	SF	1:58'47.84
190	295	Roy Owen	Haverhill Running Club	M60	1:58'58.65
191	194	Catharine Carfoot	U/A	SF	1:59'04.81
192	175	Catherine Wilkinson	U/A	SF	1:59'07.99
193	62	David Girling	U/A	M45	1:59'09.40
194	31	John Wilson	Tri-Anglia	M45	1:59'19.21
195	199	Andrea Morris	Barnsley Harriers	SF	1:59'19.62
196	302	Alan Hodgkiss	Telford AC	M60	1:59'20.24
197	253	Craig Neep	U/A	SM	1:59'21.34
198	64	Vince Colby	Newmarket Joggers	SM	2:00'36.58
199	329	Andrew Baker	U/A	SM	2:00'42.21
200	288	Maureen Su	U/A	SF	2:00'49.71
201	333	Luke Rushbrook	U/A	SM	2:01'26.96
202	229	Paul Burcham	U/A	SM	2:01'28.81
203	269	Rosemary Matlock	Thetford AC	F50	2:01'34.40
204	270	Ian Gascoigne	U/A	M50	2:01'49.02
205	324	Corrina Smith	Thetford AC	F40	2:02'45.62
206	255	Richard High	Norwich Road Runners	SM	2:02'53.81
207	230	Neil Clark	Norwich Road Runners	SM	2:02'54.30
208	299	Richard Farrar	U/A	SM	2:02'54.78
209	290	Anne Florence	Tri-Anglia	F55	2:02'58.96
210	267	Karen Gedge	Bungay Black Dog	F45	2:03'27.71
211	219	Elayne Hilton	Lowestoft Road Runners	F40	2:03'37.11

212	115	Ian Kingstone	Bedford Harriers	M40	2:03'37.68
213	151	Philippa Rudd	Norwich Road Runners	F45	2:03'49.65
214	43	Mark Durrant	U/A	M45	2:03'50.05
215	17	Ian Baker	Bedford Harriers	M55	2:04'01.90
216	23	Christopher Cottam	Bedford Harriers	M60	2:04'52.11
217	169	Lisa Stubbs	U/A	SF	2:05'15.21
218	237	Mandy Bunn	U/A	SF	2:05'24.02
219	20	Sandie Jardine	U/A	F45	2:05'25.81
220	276	Brian Hudson	U/A	SM	2:05'26.55
221	307	Niggy Ball	U/A	M40	2:05'29.05
222	4	Dave Bamber	Bedford Harriers	M55	2:05'38.96
223	305	Derek Ribbands	U/A	M50	2:06'16.37
224	314	Paul Thynne	U/A	M50	2:06'19.34
225	133	Phillip Laurier	Lowestoft Road Runners	M60	2:06'35.30
226	170	Helen De Ville	U/A	SF	2:07'12.24
227	157	Ronel van der Merwe	U/A	F50	2:07'34.27
228	196	Andi Osborne	North Norfolk Beach Runners	F55	2:07'45.30
229	83	Zoe Willett	Bedford Harriers	F45	2:08'01.21
230	26	Kate Hodgkinson	U/A	SF	2:08'06.14
231	27	Chloe Travis	U/A	SF	2:08'06.74
232	304	Paul Smith	Ipswich Tri	SM	2:08'20.24
233	94	Stephen Morley	Brandon Fern Hoppers	M55	2:08'25.40
234	177	Mike Marshall	North Norfolk Beach Runners	M60	2:08'33.08
235	320	Simon Bunting	Lowestoft RR	M40	2:08'42.90
236	21	Melanie Capper	U/A	SF	2:08'46.43
237	192	James Cooke	U/A	SM	2:09'06.40
238	212	Sue Hargadon	Ipswich Tri	F55	2:09'10.05
239	147	Colin Goodwin	Kimberly & District Striders	M50	2:09'30.49
240	55	Victoria Swanston	U/A	SF	2:10'26.08
241	184	Martin Strowger	Dereham Runners	M40	2:11'00.65
242	257	Rebecca Dowsett	U/A	SF	2:11'13.24
243	334	Liam Applegate	U/A	SM	2:11'17.37
244	41	Nick Lucas	U/A	M40	2:11'40.18
245	309	Sue Osborne	U/A	F40	2:11'59.52
246	310	Joanna Duvenage	U/A	SF	2:12'00.02
247	139	Peter Riley	Burnham Joggers	M60	2:12'03.87
248	127	Graham Kidd	U/A	SM	2:12'08.46
249	84	Helene Hunter	U/A	SF	2:12'10.96
250	3	Richard Gallivan	Bedford Harriers	M50	2:12'42.27
251	152	Iain White	U/A	M55	2:13'28.71
252	44	Lucy Perry	U/A	F45	2:13'50.24
253	56	Clare Waters	U/A	F40	2:14'38.58
254	297	Marion Bandet	U/A	SF	2:15'04.34
255	191	Sarah Dyde	South Cheshire Harriers	F40	2:15'16.21
256	217	Samantha Reddy	U/A	F40	2:15'36.37
257	228	Stuart Palmer	U/A	M40	2:15'48.27
258	294	Mary Owen	Haverhill Running Club	F60	2:16'31.81
259	275	Beth Pettit	U/A	SF	2:18'34.78
260	85	Emma Renouf	U/A	SF	2:19'04.40
261	271	Katrine Middleton	North Norfolk Beach	F45	2:19'14.78
262	166	Joanne Jesney	Wymondham AC	SF	2:19'42.81
263	183	Emma Fickling	Wymondham AC	SF	2:19'43.21
264	102	Mariella Voogt	U/A	F40	2:21'37.24
265	111	Mike Fenna	U/A	SM	2:24'34.02
266	326	Maribel Quezada	U/A	SF	2:24'41.40

267	214	Pete Hammond	U/A	M60	2:26'30.93
268	28	Harry Taylor	U/A	M50	2:27'19.49
269	19	Ruth Stryczko	Bedford Harriers	F40	2:28'54.08
270	316	Sheila Gillie	Thrift Green Trotters	F55	2:32'21.40
271	46	Bob Jack	Bungay Black Dog	M50	2:32'52.65
272	327	Julie Korswill	U/A	SF	2:34'01.81
273	74	Norma King	Bedford Harriers	F55	2:35'23.52
274	156	Bob Arnell	GYRR	M60	2:37'16.11
275	301	Cynthia Lewis	Telford Harriers	F60	2:39'26.99
276	37	Janet Sinclair	Gydac	F45	2:42'59.24
277	215	Tess Burrows	U/A	F60	2:44'20.58
278	144	Lorena Henderson	Bedford Harriers	SF	2:46'52.05
279	1	Angela Gallivan	Bedford Harriers	F50	2:46'52.43
280	8	Iva Barnes	Bedford Harriers	F60	2:54'04.11