

Stowmarket Striders

Friday 5 Results 2003

Pos.	Actual Time	Race No	Surname	First Name	Club Name	Category	Age	Sex
1	00:26:37	160	Barker	Peter	St Ed Pacers		35	M
2	00:27:13	143	Laing	David	Ips Jaffa		37	M
3	00:27:19	193	Coll	Robin	Newmarket Jog	V40	42	M
4	00:27:36	108	Muir	Malcom	Ilford Ac		29	M
5	00:27:58	5	Wold	Richard	Felixstowe Rr	V40	44	M
6	00:28:03	215	Pearce	Peter	Gt Bentley		38	M
7	00:28:04	259	Shaw	Jamie	West Suffolk Ac		15	M
8	00:28:11	162	Salter	David	St Ed Pacers	V40	41	M
9	00:28:15	39	Taylor	Andrew	St Ed Pacers		28	M
10	00:28:30	202	Miller	Nathan	Unattached		26	M
11	00:28:34	258	Godfrey	Sam	West Suffolk Ac		15	M
12	00:28:35	147	Cassidy	Mike	Unattached	V45	49	M
13	00:28:46	19	Cooke	Christopher	St Ed Pacers	V40	41	M
14	00:29:10	224	Back	Terry	Ips Jaffa	V45	46	M
15	00:29:15	63	Tomlinson	Geoffrey	Gt Bentley	V40	43	M
16	00:29:18	216	Diston	Sam	West Suffolk Ac		15	M
17	00:29:20	219	Hart	Stephen	Woodbridge Shuff		35	M
18	00:29:27	154	Cunningham	Mark	St Ed Pacers		35	M
19	00:29:32	285	Bowditch	Mark			37	M
20	00:29:36	107	Clarke	Martin	Ilford Ac	V50	51	M
21	00:29:38	194	Martin-Smith	Kollyn	Newmarket Jog		36	M
22	00:29:39	169	Gardner	David	Felixstowe Rr		39	M
23	00:29:40	233	Thomas	Glynn	Unattached		39	M
24	00:29:48	127	Hicks	Stephen	Ips Harriers	V40	43	M
25	00:29:53	303	Deasey	Margaret	Colchester& Tendring	V35	39	F
26	00:29:54	142	Hill	Raymond	Ips Jaffa	V50	53	M
27	00:29:57	207	Arnold	Colin	St Ed Pacers	V45	48	M
28	00:30:02	273	Gimson	Ashley	St Ed Pacers		34	M
29	00:30:05	139	Quantrill	Phil	Ips Jaffa		28	M
30	00:30:14	161	Millett	Simon	Waveney Valley		17	M
31	00:30:17	165	Askew	Nick	City Norwich		36	M
32	00:30:25	70	Waterson	Kirsty	St Ed Pacers		20	F
33	00:30:38	174	Reynard	Mark James	Luton Uni		21	M
34	00:30:41	221	Cottis	John	Gt Bentley		39	M
35	00:31:05	55	Jones	Michael	Stowmarket Striders		32	M
36	00:31:09	315	Balls	Michael	Waveney Valley		25	M
37	00:31:12	129	Houghton	Andrew	Unattached	V45	45	M
38	00:31:14	74	Drake	John	St Ed Pacers	V55	55	M
39	00:31:20	189	Copland	Jim	Newmarket Jog	V45	45	M
40	00:31:23	120	Benjamin	Ronald	Felixstowe Rr	V45	49	M
41	00:31:28	51	Harper	Kevin	Witham Rc		30	M
42	00:31:33	300	Morris	Henry	St Ed Pacers	V50	53	M
43	00:31:38	93	Stradling	Sarah	Colchester& Tendring		27	F
44	00:31:45	164	Madden	Jerry	Unattached	V55	57	M
45	00:31:57	38	Weston	Richard	Unattached		17	M
46	00:32:01	83	Roberts	Ray	Felixstowe Rr	V55	55	M
47	00:32:02	130	Whiting	Richard	St Ed Pacers		38	M
48	00:32:23	311	Green	Stuart		V40	43	M
49	00:32:36	45	Batty	Christopher	Felixstowe Rr		30	M
50	00:32:36	226	Morgan	Bill	Thetford Ac	V50	53	M
51	00:32:36	10	Hunt	Steve	Hadliegh Hares	V40	43	M
52	00:32:41	3	Levinson	Steve	Unattached	V50	51	M
53	00:32:42	277	Faust	Stuart			32	M
54	00:32:46	28	Chenery	Robert	Ips Jaffa		17	M
55	00:32:48	133	Vaughan	Dave	St Ed Pacers	V45	49	M

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Pos.	Actual Time	Race No	Surname	First Name	Club Name	Category	Age	Sex
56	00:32:50	99	Jennings	Val	Ips Jaffa	V35	39	F
57	00:32:52	6	Thomas	Darren	Grange Farm Trotters		35	M
58	00:32:55	106	Newland	William	St Ed Pacers	V45	48	M
59	00:32:55	210	Jordan	Tamara	Stowmarket Striders		23	F
60	00:33:05	274	Bellamy	Jon	St Ed Pacers		39	M
61	00:33:07	29	Chenery	Duncan	Ips Jaffa	V40	43	M
62	00:33:07	192	Munns	Brian	Newmarket Jog	V40	40	M
63	00:33:09	214	Walters	Gary	Unattached		35	M
64	00:33:11	310	Allard	Adam	Stowmarket Striders		27	M
65	00:33:16	163	Buis	Martin	Ips Harriers	V50	52	M
66	00:33:19	266	Pottage	Martin	Stowmarket Striders	V40	40	M
67	00:33:19	251	Goddard	Philip		V45	48	M
68	00:33:20	52	Baldry	Charlotte	Woodbridge Shuff		30	F
69	00:33:24	267	Clarke	Neville	Newmarket Jog	V45	49	M
70	00:33:25	31	Stach-Kevitz	Adele	Newham&Essex Beagles		32	F
71	00:33:36	181	Partridge	Pat	St Ed Pacers	V50	50	F
72	00:33:41	22	Long	Julian	St Ed Pacers		31	M
73	00:33:45	134	Green	Andrew	Stowmarket Striders		36	M
74	00:33:47	57	Clayton	Rob	Felixstowe Rr	V45	46	M
75	00:33:50	157	Holmes	Sandra	St Neots Riverside Run	V35	39	F
76	00:33:52	92	Tanner	Lynn	Colchester& Tendring	V50	50	F
77	00:34:00	50	Everitt	Geof	Ips Jaffa	V55	58	M
78	00:34:07	308	Molyneux	Grant			27	M
79	00:34:14	97	Foskew	Ian	Mid Essex Casuals	V40	40	M
80	00:34:15	209	Goodier	Alistair	Unattached		35	M
81	00:34:17	180	Farthing	Lee	Felixstowe Rr		17	M
82	00:34:20	171	Robinson	David	Hadliegh Hares	V50	51	M
83	00:34:30	178	Gladwell	Chris	Stowmarket Striders	V45	46	M
84	00:34:36	292	Grimsey	Mark Stephen	Ips Jaffa	V40	43	M
85	00:34:37	301	Cashen	John			37	M
86	00:34:41	4	Game	David	Mid Essex Cas	V50	53	M
87	00:34:44	150	Dyson	Ashton	Unattached		32	M
88	00:34:48	105	Dolan	Dick	Woodbridge Shuff	V55	55	M
89	00:34:51	185	Pryke	Gail	Ips Jaffa	V40	40	F
90	00:34:56	183	Braverman	Terence	Newmarket Jog	V55	58	M
91	00:35:01	79	Capp	Matthew	Felixstowe Rr		33	M
92	00:35:02	188	Macrosson	Ker	Ips Jaffa	V45	48	M
93	00:35:05	148	Allard	Rod	St Ed Pacers	V60	60	M
94	00:35:07	86	Balaam	Richard	St Ed Pacers	V40	41	M
95	00:35:10	223	Mc Cartney	Bennett	Unattached	V40	42	M
96	00:35:14	262	Spizz	Warren		V40	41	M
97	00:35:17	245	Hird	Mark	Ipswich Tri Club	V40	43	M
98	00:35:20	146	Harvey	Glen	Bildeston Bounders	V40	43	M
99	00:35:21	144	Short	Colin	Witham Rc	V55	55	M
100	00:35:22	213	213	Grealy	Halstead Rr	V45	48	M
101	00:35:22	40	Taylor	Clare	St Ed Pacers		25	F
102	00:35:30	80	Webber	Kevin	Harwich Runners		23	M
103	00:35:35	283	Cadman	Samantha			30	F
104	00:35:35	282	Carpenter	James			39	M
105	00:35:42	56	Lancaster	Mark	Unattached		35	M
106	00:35:48	7	Jackson	Alan	Ips Jaffa	V40	44	M
107	00:35:49	82	Funnell	Gordon	Hadliegh Hares	V40	44	M
108	00:35:51	100	Rooke	Ken	Framlingham Flr	V55	56	M
109	00:35:55	244	Rideon	Chris		V50	52	M
110	00:35:56	16	Colin	Newcombe	Ips Jaffa		32	M

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111	00:35:59	77	Wooden	Andrew	Felixstowe Rr	V40	41	M
112	00:36:00	166	Ryan	Martin	Unattached	V40	41	M
113	00:36:03	37	Weston	John	Unattached	V45	47	M
114	00:36:04	103	Docherty	John	Unattached	V60	60	M
115	00:36:08	9	Duffiled	Roger	Tiptree Rr	V60	64	M
116	00:36:17	304	Ward	Michael	Felixstowe Rr		16	M
117	00:36:26	229	Childs	Richard	Tiptree Rr	V45	45	M
118	00:36:29	271	Allen	Philip	Gt Bentley		38	M
119	00:36:30	26	Finegan	Tim	Felixstowe Rr	V40	41	M
120	00:36:31	89	Smith	Chris	Ips Jaffa	V45	47	M
121	00:36:32	218	Crack	Trevor	Unattached	V50	51	M
122	00:36:34	145	Nollth	Gary	Unattached	V40	43	M
123	00:36:34	90	Sears	Mike	Felixstowe Rr	V45	47	M
124	00:36:34	88	Swan	Kim	St Ed Pacers	V40	44	M
125	00:36:40	71	Brown	Julie Marie	Ips Jaffa	V40	41	F
126	00:36:41	177	Mayhew	Kelly	Ips Harriers		23	F
127	00:36:42	23	Smith	Graham	Unattached		34	M
128	00:36:45	49	Hatcher	Bert	Ips Jaffa	V60	60	M
129	00:37:03	220	Lewis	Colin	Unattached		38	M
130	00:37:05	114	Baguley	Peter	Ips Jaffa	V45	46	M
131	00:37:08	98	Bole	Simon	Ips Jaffa	V45	45	M
132	00:37:09	288	Johnson	Mike		V40	40	M
133	00:37:10	299	Hyatt	Tim			37	M
134	00:37:11	253	Levans	David		V40	41	M
135	00:37:16	91	Martin	David	Unattached	V45	48	M
136	00:37:17	173	Bonham	Nigel	Newmarket Jog	V60	63	M
137	00:37:18	109	Ryall	Mike	West Suffolk Ac	V50	53	M
138	00:37:27	242	Lyttle	Craig			29	M
139	00:37:28	240	Flack	Paul			35	M
140	00:37:30	78	Peck	Rebecca	Framlingham Flr		33	F
141	00:37:32	200	Sparkes	Gail	Stowmarket Striders	V40	43	F
142	00:37:34	66	Marsden	Philip	Unattached	V40	43	M
143	00:37:36	225	Cook	Christopher	Unattached	V50	54	M
144	00:37:38	241	Painter	Hally		V50	52	M
145	00:37:39	168	Power	Nick	Unattached		34	M
146	00:37:41	11	Sanders	Barbara	Hadliegh Hares	V45	45	F
147	00:37:45	118	Randall	Adrian	Unattached		37	M
148	00:37:49	296	Millett	Tony	Waveney Valley	V50	50	M
149	00:37:53	208	Clarke	Vaughan	Unattached		30	M
150	00:37:54	12	Leedham	Ian	Stowmarket Striders	V40	40	M
151	00:38:00	47	Wood	Stephen	Ips Jaffa	V45	46	M
152	00:38:02	41	Cable	Andrew	Gt Bentley	V40	43	M
153	00:38:06	116	Dennison	Tricia	St Ed Pacers	V40	42	F
154	00:38:09	115	Garrod	Susan	Stowmarket Striders	V35	38	F
155	00:38:10	232	Brand	Roger	St Ed Pacers	V50	54	M
156	00:38:13	33	Crawley	Emma	Ipswich Tri Club	V35	35	F
157	00:38:14	34	Matthews	Gary	Ipswich Tri Club	V40	42	M
158	00:38:17	124	Jones	Wyn	Felixstowe Rr	V45	48	M
159	00:38:18	176	Beckett	Peter	Unattached	V40	40	M
160	00:38:28	261	Powr	Michael		V45	46	M
161	00:38:30	297	Millett	Anne	Waveney Valley	V45	47	F
162	00:38:32	184	Athroll	Malcom	Unattached		39	M
163	00:38:34	110	Bennett	Nikki	Gt Bentley	V35	36	F
164	00:38:43	235	Howden	Peter	Gt Bentley	V40	44	M
165	00:38:44	217	Rigby	Terry	St Ed Pacers		38	M

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166	00:38:45	212	Salisbury	Graham	Unattached	V45	45	M
167	00:38:46	199	Constable	Michelle	Ips Jaffa	V35	37	F
168	00:38:58	257	Norris	Phil	St Ed Pacers		37	M
169	00:39:04	302	Bendall	Simon			35	M
170	00:39:07	141	Sewell	Carina	Woodbridge Shuff	V40	43	F
171	00:39:07	2	Wilding	Jonathon	Felixstowe Rr		35	M
172	00:39:13	284	Kew	John	Mid Essex Cas	V40	42	M
173	00:39:15	256	Norris	Louise	St Ed Pacers		34	F
174	00:39:19	312	Coley	David	Ips Jaffa	V50	53	M
175	00:39:20	113	Songhurst	Dave	Felixstowe Rr	V55	55	M
176	00:39:21	156	Turner	Mike	Liverpool Harr	V60	64	M
177	00:39:23	112	Freeman	Ian	St Ed Pacers	V50	52	M
178	00:39:24	272	Allen	Indira	Gt Bentley	V35	37	F
179	00:39:25	18	Brookes	Paul	Ips Jaffa		36	M
180	00:39:26	260	Taylor	Howard		V45	48	M
181	00:39:27	264	Theobald	Paul	St Ed Pacers	V45	48	M
182	00:39:28	95	Bright	Stephen	Brit Alth Sup Club	V40	40	M
183	00:39:38	222	Page	Simon	Unattached	V45	47	M
184	00:39:42	290	Moreton	Christopher	Camra Hash House		38	M
185	00:39:44	44	Canham	Goldie	Ips Jaffa		30	F
186	00:39:48	140	Weight	Colin	St Ed Pacers	V60	68	M
187	00:39:49	136	King	Les	Stowmarket Striders	V45	45	M
188	00:39:50	246	Cooper	Louis	Wymondham Ac	V60	60	M
189	00:39:57	236	Gardiner	Frank		V45	48	M
190	00:39:59	293	Redit	Mark			36	M
191	00:40:00	85	Farrow	Helen	St Ed Pacers	V35	38	F
192	00:40:08	239	Deacon	Trudy	Wymondham Ac	V45	48	F
193	00:40:09	254	Lincoln	David		V55	56	M
194	00:40:21	270	Stokes	Paul			37	M
195	00:40:23	43	Hawkesworth	Steven	Ips Jaffa	V40	44	M
196	00:40:25	231	Bolton	Jon	Gt Bentley	V40	40	M
197	00:40:26	84	Strivens	Sarah	Ips Jaffa	V45	45	F
198	00:40:32	191	Farr	Ray	Newmarket Jog	V55	56	M
199	00:40:33	53	Fellingham	Anne	Stowmarket Striders	V50	54	F
200	00:40:40	289	Grimsey	Fred	St Ed Pacers	V50	50	M
201	00:40:41	75	Wright	Maureen	Ips Jaffa	V50	57	F
202	00:40:45	195	Girliing	Jonathon	Framlingham Flr	V45	45	M
203	00:40:46	1	Darnell	Bob	Unattached	V50	51	M
204	00:40:50	155	Tristram	Andrew	Liverpool Harr	V60	63	M
205	00:40:52	25	Maddison	Lynn	Ips Jaffa		31	F
206	00:40:53	243	Ridgeon	Gavin			26	M
207	00:40:54	128	Plumb	Anthony	Ips Jaffa	V60	66	M
208	00:40:59	318	No Name	No Name			23	M
209	00:41:01	13	Ian	Fovarue	Unattached	V40	43	M
210	00:41:04	61	Desa	Rod	Unattached	V45	46	M
211	00:41:06	317	Jordan	Alan		V45	45	M
212	00:41:09	96	Allum	Jeff	Ips Jaffa		27	M
213	00:41:19	279	Adkins	Dan			26	M
214	00:41:23	294	Lord	Darren			30	M
215	00:41:31	237	Horton	Lindsay	Gt Bentley	V35	39	F
216	00:41:32	201	Williams	Laura	Unattached		31	F
217	00:41:43	8	Jordanova	Alix	Colchester Har		26	F
218	00:41:48	46	Wood	Hilary	Ips Jaffa	V40	41	F
219	00:41:50	250	Fellingham-Boyce	Jane Anne	Stowmarket Striders	V35	37	F
220	00:41:52	20	Foster	Paul	Defra Ac	V45	48	M

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221	00:41:52	198	Lincoln	Vanessa	Unattached		22	F
222	00:42:07	125	Sealey	Wendy	Unattached	V35	39	F
223	00:42:08	186	Phillips	Lorraine	Stowmarket Striders		31	F
224	00:42:15	265	Coxford	Ron	Eastern Vets	V60	68	M
225	00:42:19	206	Robinson	Michelle-Anne	Gt Bentley	V40	44	F
226	00:42:26	15	Stannett	Charlie	Ipswich Tri Club	V45	47	M
227	00:42:36	137	Dunne	Eric	Gt Bentley	V60	65	M
228	00:42:37	228	Palmer	Frances	St Ed Pacers	V35	38	F
229	00:42:38	131	Mulley	Mike	Unattached	V45	46	M
230	00:42:41	234	Mallett	Amanda		V35	37	F
231	00:42:44	255	Brewster	Fiona	Framlingham Flr		30	F
232	00:42:46	172	Williams	Helen	Unattached	V45	48	F
233	00:42:47	269	Jack	Rebecca	Stowmarket Striders		31	F
234	00:42:47	158	Potter	Judy	Bungay Black Dog	V50	57	F
235	00:42:48	320	No	Entrant			23	F
236	00:42:49	30	Jenkins	Colin	Newham&Essex Beagles	V45	48	M
237	00:42:51	281	Spink	Peter	Diss Ac	V40	44	M
238	00:42:55	48	Cartwright	Stephen	Gt Bentley	V45	45	M
239	00:43:01	81	Harbord	Chris	Gt Yarmouth Rr	V55	57	M
240	00:43:10	153	Alford	Kiri	Braintree Ac		17	F
241	00:43:20	316	Calver	Oliver			24	M
242	00:43:22	309	Bride	Ute			30	F
243	00:43:28	14	Stannett	Kate	Ipswich Tri Club	V40	41	F
244	00:43:37	175	Barry	Paul	St Ed Pacers	V40	40	M
245	00:43:38	211	Fish	Grayhame	Stowmarket Striders	V50	53	M
246	00:43:39	230	Childs	Deborah	Tiptree Rr	V40	42	F
247	00:43:40	152	Hunter	Andrew	Unattached	V45	46	M
248	00:43:42	138	Naughton	Denise	Stowmarket Striders	V35	37	F
249	00:43:52	21	Foster	Lynn	Sedgley Park Rr	V45	48	F
250	00:43:54	278	Marsh	Ben			22	M
251	00:43:56	252	Cummings	Andrew		V40	40	M
252	00:43:59	104	Haslewood	Julie	Ips Jaffa	V50	50	F
253	00:44:00	197	Wilkinson	Paul	Unattached	V40	42	M
254	00:44:01	203	Hood	Carole	Ips Jaffa		32	F
255	00:44:19	280	Warboys	Pip	Mid Essex Cas	V50	52	M
256	00:44:22	167	Killett	Anne	Unattached	V40	40	F
257	00:44:24	187	Daniel	Mike	Unattached	V60	67	M
258	00:44:28	101	Kelly	Jack	Unattached	V60	63	M
259	00:44:31	69	Thurston	Rosemary	Stowmarket Striders	V50	52	F
260	00:44:34	58	Thurlow	Julie	Ips Jaffa	V45	47	F
261	00:44:41	27	Tottle	Barbara	Ipswich Tri Club	V50	51	F
262	00:44:44	68	Butcher	Daryl	Harwich Runners	V45	46	M
263	00:44:45	94	Bright	Robert	Brit Alth Sup Club		17	M
264	00:45:21	24	Smith	June	Unattached		32	F
265	00:45:33	151	Allen	Sandra	Ips Jaffa	V45	46	F
266	00:45:43	227	Riedel	David	Unattached	V45	49	M
267	00:45:53	87	Page	Graham	Unattached	V45	47	M
268	00:45:56	149	Adolphus	Judith	Ips Jaffa	V40	42	F
269	00:45:59	123	Nutley	Phillip	St Ed Pacers	V55	55	M
270	00:46:02	42	Cable	Sally	Gt Bentley	V40	44	F
271	00:46:04	119	Benjamin	Gillian	Felixstowe Rr	V40	44	F
272	00:46:07	305	Wake	Mervyn	Ipswich Tri Club	V55	57	M
273	00:46:14	298	Boggis	David		V45	49	M
274	00:46:16	76	Kirk	Marianne	Ips Jaffa	V50	53	F
275	00:46:19	59	Rolph	Trevor	Brandon Fern Hop	V45	48	M

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276	00:46:21	276	Felton	Paul	Newmarket Jog	V55	55	M
277	00:46:25	159	Potter	David	Bungay Black Dog	V60	60	M
278	00:46:30	313	Richmond	Billey	Ips Jaffa		37	M
279	00:46:38	248	Cooke	Yvonne	St Ed Pacers		33	F
280	00:47:02	62	Lanaway	Patrick	Unattached		34	M
281	00:47:04	263	Starmer	Jan	Stowmarket Striders	V40	42	F
282	00:47:05	287	Relf	Jenny	Stowmarket Striders	V40	42	F
283	00:47:08	319	No	Number			23	F
284	00:47:16	275	Stebbing	Chris		V50	53	M
285	00:47:29	122	Nutley	Valerie	St Ed Pacers	V45	46	F
286	00:47:31	179	Lee	Tracy	Stowmarket Striders		33	F
287	00:48:00	314	Lewis	Helen			24	F
288	00:48:05	306	Mandich	Maria		V35	38	F
289	00:48:21	205	Oliver	Anne	Felixstowe Rr	V45	48	F
290	00:48:42	190	Copland	Maxine	Newmarket Jog	V40	40	F
291	00:48:43	291	Grimwood	Jennie	Newmarket Jog	V45	49	F
292	00:49:34	238	Clay	David			38	M
293	00:49:39	170	Lecomte	Rachel	Felixstowe Rr		30	F
294	00:49:49	102	Kelly	Janet	Unattached	V45	46	F
295	00:52:00	182	Braverman	Diana	Newmarket Jog	V50	51	F
296	00:53:53	35	Scott-Laws	Sylvia	Felixstowe Rr	V50	56	F
297	01:07:34	295	Nugent	David	Gt Bentley	V50	54	M