

## Mutford Road Relay Results 2007 Main Relay

Sunday 8<sup>th</sup> July 2007

(1 lady + 1 vet and 3 others)

<b>1st</b>	<b>Stowmarket Striders "A"</b>		<b>1:29:29</b>	<b>Suffolk Champions.</b>
	Tamara Jordan	F	18:35	Fastest Lady
	Nick Stephens	M1	18:12	
	Nick Palmer	M	17:33	
	Roger Aldis	M	16:55	
	Chris Starmer	M1	18:14	
<b>2nd</b>	<b>Waveney Valley A.C. "A"</b>		<b>1.32.13</b>	
	Claire Davey	F	20:39	
	Chris Pimlott	M	18:33	
	Richard Moore	M1	17:14	1st V40 Prize
	Simon Millett	M	18:02	
	Michael Balls	M	17:45	
<b>3rd</b>	<b>Gt. Yarmouth Road Runners "E"</b>		<b>01:35:51</b>	
	Vicky Quantrill	F	21:23	
	Andy Peck	M	18:47	
	Jeff Helmore	M1	19:09	
	Neil Sibley	M1	18:56	
	Ian Liffen	M1	17:36	
<b>4th</b>	<b>Waveney Valley A.C. "B"</b>		<b>01:38:12</b>	
	Megan Burt	F	21:03	
	Mark Potter	M	18:48	
	Bill Kingaby	M2	20:07	
	Dale Gowen	M	19:39	
	Steve Kenyon	M1	18:35	
<b>5th</b>	<b>Bungay Black Dog "A"</b>		<b>01:38:36</b>	
	Lynn Emmett	F1	19:24	1st V35 prize
	Steve Barrett	M1	18:41	
	Ian Taylor	M1	19:06	
	Chris Chorley	M1	20:21	
	John Wharton	M2	21:04	
<b>6th</b>	<b>Lowestoft Road Runners "A"</b>		<b>01:39:02</b>	
	Kirsty Wigley	F	25 06	
	Carl Prewer	M	16:37	Fastest Male
	Steve Rendell-Read	M1	20:55	
	Kevin Sharman	M	17:05	
	Shaun Lark	M	19:19	
<b>7th</b>	<b>Gt. Yarmouth Road Runners "A"</b>		<b>01:43:50</b>	
	Emma Leeves	F	21:14	
	Mike Spragg	M3	20:12	1st V60 Prize
	Paul Brookshaw	M1	21:31	
	Chris Cummings	M	21:25	
	Andrew Manning	M1	19:28	

8th	Waveney Valley A.C. "C"		01:44:25	
	Alice Wicks	F	23:07	
	Harley Peek	M	20:38	
	Nigel Herrod	M2	20:40	
	Richard Hilling	M2	21:43	
	Richard Moore	M1	18:17	
9th	Coltishall Jaguars "One"		01:46:13	
	Emily Hannant	F	23:57	
	Peter Cobb	M2	20 55	
	Jo Wilcock	M	20:27	
	Ken Bowman	M2	21:18	
	Darren Edridge	M	19:36	
10th	Lowestoft Road Runners "B"		01:47:48	
	Sussannah Baker	F1	24 11	
	Mike Kirk	M1	20:19	
	Matt Ellis	M	21:35	
	Mark Womack	M	20:24	
	Kevin Smith	M1	21:19	
11th	Bungay Black Dog "B"		01:48:11	
	Kate Lee	F	23:21	
	Terry Mulcahy	M3	21:13	
	Robert James	M	20:26	
	Richard Dye	M1	20:52	
	Nigel Gilham	M2	22:19	
12th	Brandon Fern Hoppers "A"		01:49:58	
	Sandra Cooper	F1	22:34	
	Gareth Peterson	M1	19:15	
	Ian Cooper	M1	20:53	
	Martin Monaghan	M1	25 14	
	Ray Keeble	M3	22:02	
13th	Gt. Yarmouth Road Runners "B"		01:50:41	
	Karen Manning	F1	23:50	
	Anthony Croucher	M	21:57	
	Edward Shulver	M	20:39	
	Kerry Mutch	M1	22:49	
	John Hills	M2	21:26	
<b>14th</b>	<b>Stowmarket Striders "D"</b>		<b>01:56:13</b>	
	<b>Charmaine Geraghty</b>	<b>F</b>	<b>23:48</b>	
	<b>Sandra Mayhew</b>	<b>F1</b>	<b>26 11</b>	
	<b>Ron Ames</b>	<b>M2</b>	<b>23:12</b>	
	<b>Dave Watt</b>	<b>M1</b>	<b>24 07</b>	
	<b>Andy Green</b>	<b>M</b>	<b>18:55</b>	
<b>15th</b>	<b>Stowmarket Striders "C"</b>		<b>01:56:21</b>	
	<b>Debbie Ghant</b>	<b>F1</b>	<b>24 06</b>	
	<b>Becky Jordan</b>	<b>F</b>	<b>21:10</b>	
	<b>Lesley Watt</b>	<b>F2</b>	<b>30 21</b>	
	<b>David Daniels</b>	<b>M1</b>	<b>22:02</b>	
	<b>Malcolm Penn</b>	<b>M2</b>	<b>18:42</b>	<b>1st Vet 50 Prize</b>

<b>16th</b>	<b>Stowmarket Striders "F"</b>		<b>01:56:49</b>	
	Jan Starmer	F2	27 13	
	Jo Stephenson	F1	24 13	
	Neil Cross	M	23:14	
	Frank Moggan	M2	23:41	
	Nick Stephens	M	18:28	
<b>17th</b>	<b>Stowmarket Striders "B"</b>		<b>0:1:57:24</b>	
	Lorraine Mills	F1	22:04	
	Tracy Morris	F2	24 11	1st V45 Prize
	Hayley Suttle	F1	21:13	
	Sue Moggan	F3	30 23	
	Michael Nelhams	M	19:33	
18th	Coltishall Jaguars "Two"		01:57:30	
	Brenda Hutcheon	F3	25 12	
	Margaret Sharpe	F2	25 11	
	John Sharpe	M2	22:59	
	Dave Hutcheon	M3	23:52	
	Hugh Catleugh	M	20:16	
19th	Gt. Yarmouth Road Runners "C"		0:1:57:35	
	Carole Spong	F3	23:59	
	Warren Moore	M	22:00	
	Rod Shulver	M3	26 24	
	Mark Peach	M	22:51	
	Stephen Ethrington	M1	22:21	
20th	Brandon Fern Hoppers "B"		01:57:50	
	Sally Dormer	F3	23:55	1st V55 Prize
	Paul Meader	M1	26 50	
	Phil Sutton	M2	25 44	
	John Cooper	M	21:37	
	Garth Peterson	M1	19:44	
<b>21st</b>	<b>Stowmarket Striders "E"</b>		<b>01:58:12</b>	
	Denise Wright	F1	27 07	
	Trudi Ablett	F	25 07	
	Mike Munson	M2	22:42	
	Martin Albett	M	22:44	
	Tom Wood	M	20:32	
22nd	Waveney Valley A.C "D"		01:59:50	
	Hollie Blowers	F	24 22	
	David Pimlott	M2	26 19	
	David Lewis	M	26 37	
	Chris Pimlott	M	19:46	
	Megan Burt	F	22:46	
23rd	Bungay Black Dog "C"		02:00:32	
	Judy Potter	F3	25 39	
	Darrell Oldman	M1	22:20	
	Colin Whale	M1	23:33	
	Hazel Garrity	F2	24 55	
	Bob Paul	M2	24 05	

24th	Bungay Black Dog "D"		02:08:41	
	Sue Potter	F2	25 53	
	Robin Farrer	M3	24 33	
	Neil Thomas	M	24 51	
	David Potter	M3	28 49	
	Ian Ash	M3	24 35	
25th	Brandon Fern Hoppers "C"		02:17:56	
	Amber Milby	F	27 42	
	James Cooper	M	35 24	
	Chris Milby	M	22:41	
	Ken Frost	M3	28 47	
	Ian Cooper	M1	21:38	
26TH	Gt. Yarmouth Road Runners "D"		0:2:25:20	
	Ann O'Leary	F2	27 42	
	Keith Wilding	M3	28 43	
	Robert Andrews	M3	30 15	
	Peter Harison	M3	28 33	
	Chris Harbord	M3	30 07	
<b>B RELAY RESULTS (any 5 runners)</b>				
1st	Fram Flyers & Friends "A"		01:49:31	
	Tony Maclean	M1	21:15	Fastest Male
	Ken Rooke	M2	22:46	
	Sarah Vick	F1	22:53	Fastest Female
	Stewart Hamburg	M2	21:20	
	Christopher Jones	M2	21:17	
2nd	Fram Flyers & Friends "B"		02:00:36	
	Sally Clarke	F2	24 45	1st Vet Female
	Mark Sargeantson	M2	21:13	1st Vet Male
	Richard Farres	M1	21:36	
	Lee Phillips	M1	21:41	
	James Kelly	M2	31 21	
3rd	Lowestoft Road Runners "E"		02:02:11	
	Victoria Allen	F1	29 40	
	Barry Cartwright	M1	25 36	
	Mark Elflett	M2	23:18	
	Leigh Snailham	M1	21:56	
	Tom Strowlger	M1	21:41	
4th	Lowestoft Road Runners "D"		02:02:24	
	Sue Rendell Read	F2	27 23	
	Dee Mower	M2	24 31	
	Malcolm Huggins	M1	21:47	
	David McLaren	M2	26 36	
	Barry Smith	M2	22:07	
5th	Lowestoft Road Runners "C"		02:09:08	
	Marion Burgess	F2	25 09	
	William Allen	M2	31 26	
	Roger Mawer	M2	24 48	
	Steve Jeffs	M2	21 19	
	Phil Laurier	M2	26 26	