

England Athletics East Road Running Grand Prix Series

Points from Event 3 - Flitwick 10K

Men		Points
1 MATTHEWS, Owain	Bedford & County AC	12
2 JANES, Matthew	Bedford & County AC	10
3 FARMER, Paul	Amphill & Flitwick Flyers	8
4 DICKINSON, David	Havering 90 Joggers	7
5 SCOTT, Jonathan	St Albans Striders	6
6 HARTLEY, Stephen	Amphill & Flitwick Flyers	5
7 MACE, Simon	Garden City Runners	4
8 LIVINGSTONE, Stephen	Garden City Runners	3
9 HOLLAND, Phil	Amphill & Flitwick Flyers	2
10 SCOTT, Roy	Southend AC	1

Ladies		Points
1 RANSON, Tracey	Springfield Striders	12
2 STAINES, Selina	Dacorum & Tring AC	10
3 COX, Sarah	Marshall MK AC	8
4 TAYLOR, Tanya	Marshall MK AC	7
5 MAXWELL, Michelle	Royston Runners	6
6 BRYANT, Debbie	Biggleswade AC	5
7 HUNTER, Fiona	Biggleswade AC	4
8 BROWN, Jacqui	Luton AC	3
9 CUTLER, Samantha	Bedford & County AC	2
10 FEFGUSON, Christine	St Albans Striders	1

Team Competition	Points
1 Biggleswade	12
2 Amphill & Flitwick Flyers	10
3 Stopsley Striders	8
4 Ware Joggers	7
5 North Herts RR	6
6 Bedford Harriers	5
7 Fairlands Valley Spartans	4
8 St Albans Striders	3
9 Shenley Striders	2
10 Garden City Joggers	1