

St Jo's Charity Ekiden Relay Race



Fast, flat course

First Leg - 7.2K (4.5 miles)

3 Legs of 5K (3.1 miles)

2 Legs of 10K (6.2 miles)

Total Marathon (26.2 miles)

Sunday 18th July

10.00 am

Teams of 6 runners

Entire race takes place
in grounds of
St Joseph's College
Belstead Road, Ipswich

On site parking, catering,
changing and toilets

Entry Fee - £30 affiliated teams
£42 non affiliated teams

First Aid Support from the Red Cross

Proceeds to Ipswich Hospital Bowel Cancer Team

Sponsors: Sweatshop Ipswich & Robin Belsom

For more details contact

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