

Framlingham 10K - Stowmarket Striders Results

Pos	Time	No.	First Name	Surname	Category	Category Position	Total in Cat
4	00:34:58	183	Roger	Aldis	Male Vet 40	1	49
19	00:39:46	135	Stuart	Green	Male Vet 40	8	49
28	00:41:33	207	Steven	Neaves	Male Vet 50	3	23
45	00:43:16	189	Nick	Hammond	Male Senior	22	67
68	00:45:51	107	James	Denman	Male Senior	32	67
75	00:46:37	201	Ron	Ames	Male Vet 60	2	8
107	00:49:31	208	John	Rednall	Male Vet 40	31	49
116	00:49:55	117	Harry	Smith	Male Vet 40	34	49
118	00:50:05	115	Scott	Sherman	Male Senior	50	67
126	00:50:30	116	Anna	Sherman	Female Senior	13	51
200	01:00:25	63	Rosemary	Tyler	Female Vet 50	6	7
205	01:01:20	86	Katy	Nash	Female Senior	39	51
208	01:01:57	210	Julia	Smith	Female Senior	40	51