

Striders v Jaffa 5km Track Challenge

Men's Results

Position	Time	Name	Club
1	15.44	Andrew Ridley	West Suffolk
2	15.44	Alex Dunbar	West Suffolk
3	17.04	Nick Palmer	Stowmarket Striders
4	17.07	Colin Ridley	West Suffolk
5	17.24	Peter Golding	Bury Pacers
6	17.38	Sebastian Green	Royal Hospital School
7	17.41	Chris Starmer	Stowmarket Striders
8	17.42	James Powley	Ipswich Jaffa
9	17.48	Wilf Campbell	Ipswich Jaffa
10	18.01	Terry Back	Ipswich Jaffa
11	18.12	Tom Cresswell	Sudbury Joggers
12	18.13	Gary Thompson	Ipswich Jaffa
13	18.27	Neil Dable	Ipswich Jaffa
14	18.28	Simon Harrison	Ipswich Jaffa
15	18.29	John Lockwood	Bury Pacers
16	18.32	Lee Rudland	Ipswich Jaffa
17	18.4	John Thorpe	Ipswich Jaffa
18	18.46	Bryan Reid	Bury Pacers
19	18.56	Ian Coxall	Ipswich Jaffa
20	19.03	John Weston	Ipswich Jaffa
21	19.05	Simon Meecham	Ipswich Jaffa
22	19.52	Ron McCulloch	Ipswich Jaffa
23	19.59	Scott Sherman	Stowmarket Striders
24	20.06	Paul White	Bury Pacers
25	20.21	Alan Jackson	Ipswich Jaffa
26	20.23	Ker Macrosson	Stowmarket Striders
27	20.32	Tim Higgins	Ipswich Jaffa
28	20.39	Duncan Jackson	Ipswich Jaffa
29	20.43	Gary Halestrap	Stowmarket Striders
30	20.58	Andrew Evans	Ipswich Jaffa
31	21.27	James Basham	Stowmarket Striders
32	21.39	David Garman	Ipswich Jaffa
33	21.39	James Calvert	Hertfordshire University
34	21.45	Mike Downes	Ipswich Jaffa
35	22.06	John Carey	Ipswich Jaffa
36	21.45	Matt Gibot	Ipswich Jaffa
37	22.35	David Pitt	Ipswich Jaffa
38	22.48	David Daniels	Stowmarket Striders
39	22.53	Mark Avery	Ipswich Jaffa
40	23.02	Keith Borret	Stowmarket Striders
41	23.19	Richard Fellingham	Stowmarket Striders
42	23.45	Tony Adolphus	Ipswich Jaffa
43	24.07	Martin Warren	Royal Hospital School
44	24.41	Bert Hatcher	Ipswich Jaffa
45	24.42	David Coley	Ipswich Jaffa
46	24.51	Nathan Pittam	Ipswich Jaffa
47	25.05	Les Basham	Stowmarket Striders
48	25.29	Mon Lee	Ipswich Jaffa
49	27.37	Nigel Brown	Stowmarket Striders
50	28.4	Malcolm Hogarth	Stowmarket Striders
51	32.12	Gordon Merfield	Saxons

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Ladie's Results

Position	Time	Name	Club
1	18.56	Natasha Belsom	Ipswich Jaffa
2	19.32	Jemma Clarry	Bury Pacers
3	19.34	Marie Shirley	Sudbury Joggers
4	20.16	Jayne Williams	Ipswich Jaffa
5	20.21	Val Jennings	Ipswich Jaffa
6	20.25	Nicola Ramsey	Ipswich Jaffa
7	20.27	Rebecca Jordon	Stowmarket Striders
8	21.08	Katie Peake	Ipswich Jaffa
9	21.38	Emily Baker	West Suffolk
10	21.49	Sarah Vick	Saxons
11	21.53	Hayley Suttle	Stowmarket Striders
12	22.06	Fiona Mumford	Sudbury Joggers
13	22.12	Abi Paton	Stowmarket Striders
14	22.53	Eloise Calver	Bury Pacers
15	22.56	Rebecca Jack	Stowmarket Striders
16	23.03	Lenka Anstead	Sudbury Joggers
17	23.05	Jo Pateman	Ipswich Jaffa
18	23.09	Fiona Hunt	Ipswich Jaffa
19	23.1	Sue Garrod	Stowmarket Striders
20	23.16	Rebecca Staunton	Ipswich Jaffa
21	24.14	Donna Smith	Ipswich Jaffa
22	24.34	Hazel Spalding	Ipswich Jaffa
23	24.38	Tamsin Desborough	Waveney Valley
24	24.4	Jan Starmer	Stowmarket Striders
25	25.05	Adele Wylie	Ipswich Jaffa
26	25.13	Julie Haselwood	Ipswich Jaffa
27	25.52	Susan Monday	Stowmarket Striders
28	25.52	Wendy Hughes	Stowmarket Striders
29	31.2	Wendy Merfield	Saxons